

ENDOVASCULAR CLINIC

A NON-SURGICAL ANSWER TO VASCULAR & COMMON MEDICAL PROBLEMS



With new research and development in medical technology, Interventional Radiology has evolved as new endovascular approach of treatment for various common vascular diseases and other medical conditions. With very few specialist doctors in India, knowledge and awareness about the same is lacking not only among the common people, but medical professionals too.

Various common diseases like varicose veins, uterine fibroids, varicocele (male infertility), peripheral vascular diseases, deep vein thrombosis (DVT), aortic aneurysm, liver cancer etc. have traditionally been treated with surgery. These conditions can be treated non-surgically by an interventional radiologist. The non-surgical approach has better success rates in most cases compared to conventional surgical methods. It should be noted that various global medical associations of repute like National Institute of Health & Care Excellence (UK) have identified interventional radiology as a preferred approach for treatment over surgical options, for example varicose veins laser treatment.

Endovascular Clinic is a service oriented institution pioneering the efforts to spread knowledge

ASK your doctor is interventional radiology an option for your medical condition. It is your right to know about the treatment options.

We would be happy to discuss with you/ your doctor to evaluate if IR can be a more beneficial option. Call us: 9167005511

and awareness about interventional radiology as option to the patients and to the medical professionals. With the mission to enable informed decision making by patients and the primary medical doctors, Endovascular Clinic works with many doctors and most recognised hospitals in Mumbai. It is firmly believed that the medical professionals at the primary level also need to be informed and involved in the new treatment approach to enable them to provide less risky, less expensive, and effective treatment options to their patients.

Varicose Veins

Mostly Varicose veins usually occur with age. However they can also be caused by significant weight gain. People in professions which require them to stand or sit for long time such as airhostesses, nurses, traffic policemen, teachers, computer programmers etc.

Dr. Bhavesh Arun Popat

A leading interventional radiologist of Mumbai says that with advancement of Interventional Radiology over conventional treatment mediums, less is more for the patients

- Less Pain
- Less Cost
- Less Time to Recovery
- Less Scarring

are also prone to varicose vein condition.

Varicose vein is not just a cosmetic concern but is a progressive and irreversible disease. If not treated in time it can cause serious life style issues like severe pain, itching, cramps and in severe cases even non healing ulcers.

Endovenous laser treatment is minimally invasive treatment that uses heat to close off problematic veins to relieve pain. This is done while patient rests comfortably with same day discharge as against conventional surgical option where patient needs to be under dedicated medical care for longer periods. Most importantly Varicose veins endovenous laser is sutureless and scarless!!!

Uterine Fibroids

Uterine fibroids are non cancerous growth inside the uterus. Gynaecologists often suggest surgery as a means of removing these growths. Traditionally the treatment offered is surgical either by removing fibroids or in many cases by removing the uterus itself.

At endovascular clinic we offer non surgical Uterine Fibroid Embolization (UFE) which is a US FDA approved treatment methodology. In this approach, interventional

radiologist via a small incision locates and blocks the blood supply to the uterine fibroids, so that they shrink and do not cause problems. UFE has significantly shorter hospital stay, quick recovery and ability to return to work and most importantly spares the uterus.

diagnosis and treatment of peripheral vascular disease. A simple non invasive test like ankle-brachial index can detect reduction in blood flow to the leg. Doctors specialise in non surgical procedures like angioplasty and stenting of blocked leg arteries causing improvement in blood flow to the leg and thus allowing active symptom free lifestyle.

Abdominal Aortic Aneurysm (AAA)

AAA is a ballooning of the aorta, the largest blood vessel in the human body that carries blood from the heart to the rest of your body. It is most frequently seen in men over 60 years with smoking, obesity and high blood pressure as risk factors.

AAA is often a silent killer presenting with pain in the abdomen. Large aneurysms are more likely to rupture and are often fatal if not treated

quickly.

Traditionally open surgical repair was done which now an interventional radiologist can treat with a minimally invasive technique. A stentgraft is advanced into the aneurysm and opened preventing blood from entering the aneurysm and thus preventing rupture. Endovascular clinic has vast experience in handling complex cases and is proud to have satisfied patients.

Dr. Bhavesh Popat recognises that awareness about the IR approach is increasing and premium hospitals have started providing the option to their patients though he admits its long way to go as patient's awareness is still less and more work needs to be done to make information about interventional radiology available to the patient.

Endovascular Clinic, will help you take informed decision by providing details and options to cure your disease.



Diabetic Foot (Peripheral Vascular disease)

Do your legs hurt when you walk?

Leg pain that comes and goes but never really goes away is a problem that affects many people as they get older. A common cause of chronic leg pain is poor circulation; the medical name for this is peripheral vascular disease (PVD). Like arteries of the heart, the leg arteries often have narrowing and blockage due to diabetes and smoking. If PVD continues to progress, symptoms may get worse and even lead to ulcers, gangrene and amputation. Endovascular Clinic is a center of excellence for



CLINICS IN MUMBAI

- Symbiosis Speciality Clinics, Chabildas Road, opp. Plaza theatre, Dadar West
- 503, Panchratna, Opera house, 14 MP Road, Charni Road
- 1st Floor, Palep Nursing Home, Shankar Ghanekar Marg, Prabhadevi

We are Also available at most recognised hospitals in Mumbai, Contact us for details and assistance

Contact Us

- Mobile: +91- 9167005511 ■ Email: info@endovascularclinic.in
- Website: www.endovascularclinic.in



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